

Year 11 Flying start for Psychology

Week 4 and 5



What Is the Black Lives Matter movement?

The news has been dominated by the protests around the world of BLM movement. What are the issues being raised by this movement? Watch the link below to find out:

Link: [Black Lives Matter Protests Around the World](#) (4 mins)



How does Psychology explain racism?

The role of prejudice and discrimination was illustrated in what has now become a famous experiment by a teacher in the 1960s in the US, Jane Elliot. The full documentary [A Class Divided](#) shows how Jane Elliot divided her class into 'blue eyed' and 'brown eyed' children and then observed to see what happened. The results were profound. Watch this extract to see the impact of racism in a school setting. What lessons can we learn from this experiment?

Link: [Eye of the Storm Jane Elliot 1970](#) (26 mins)



The Psychology of prejudice and discrimination

As prejudice and racism have caused enormous suffering across history, it is very important to try to understand how they work. Prejudice and racism both refer to a negative view of one group of people based solely on their membership in that group.

Read this article to find out about psychological explanations of racism:

[The Psychology of Prejudice and Racism \(Psychology today\)](#)



How might racism effect mental health?

As the Equality and Human Rights Commission has highlighted, an individual from a Black, Asian or minority ethnic (BAME) background is more likely to experience poverty, to have poorer educational outcomes, to be unemployed, and to come in contact with the criminal justice system. These, in turn, are risk factors for developing a mental illness. The BAME community are also less likely to receive the care and support when they need it. Watch this video about how racism effects mental health:

[Living In Colour: How anti-Black racism affects mental health](#) (global News)



Design a questionnaire to investigate the impact of racism on mental health

Surveys (questionnaires and interviews) can be used to gather information that we can analyse and see whether there is evidence for theories that may explain our findings.

In this task, write some questions that you could use in a questionnaire or interview about the impact of racism on mental health. Who would you include in your sample of participants to investigate these issues? Look at the [you.gov resource](#) to get some ideas about your questions.

Send your questionnaire to:

Kirstie.paton@thejohnroanschool.org.uk