



		Autumn 1 7 weeks	Half-Term Holiday	Autumn 2 7 weeks	Christmas Holiday	Spring 1 6 weeks	Half-Term Holiday	Spring 2 5 weeks	Easter Holiday	Summer 1 7 weeks	Half-Term Holiday	Summer 2 4 weeks
Year 7	Boys practical: Girls practical: (Hands)	Rugby/Basketball Football/Fitness Refer to 9-1 criteria to assess every 6 weeks		Rugby/Basketball Football/Fitness Refer to 9-1 criteria to assess every 6 weeks		Football/Fitness BB or Netball Refer to 9-1 criteria to assess every 6 weeks		Football/Fitness BB or Netball Refer to 9-1 criteria to assess every 6 weeks		Softball/rounders/Cricket Athletics Refer to 9-1 criteria to assess every 6 weeks		Softball/Cricket/Rounders Athletics Refer to 9-1 criteria to assess every 6 weeks
	Theory assessment (Head)	Gamesmanship, sportsmanship, deviant behaviour p.169-176 Participation Gender, age, socio-economic, ethnicity, disability pp156-164 DG		Gamesmanship, sportsmanship, deviant behaviour p.169-176 Participation Gender, age, socio-economic, ethnicity, disability pp156-164 DG		Methods of training p83-p88 SW		Methods of training p83-p88 SW		Wellbeing p.114 Lifestyle choices diet, Alcohol and smoking NM		Wellbeing p.114 Lifestyle choices diet, Alcohol and smoking NM
	PRIDE/PSHE Social learning (Heart)	Respect Expectations and conduct <i>Pride certificates and postcards</i>		Respect Expectations and conduct <i>*Sport education framework used in fitness sessions</i> <i>Pride certificates and postcards</i>		Involved- Team working <i>*Sport education framework used in fitness sessions</i> <i>Pride certificates and postcards</i>		Involved- Team working <i>Pride certificates and postcards</i>		Determined- Resilience <i>Pride certificates and postcards</i>		Determined- Resilience <i>Pride certificates and postcards</i>

		Autumn 1 7 weeks	Half-Term Holiday	Autumn 2 7 weeks	Christmas Holiday	Spring 1 6 weeks	Half-Term Holiday	Spring 2 5 weeks	Easter Holiday	Summer 1 7 weeks	Half-Term Holiday	Summer 2
Year 8	Boys practical: Girls practical: (Hands)	Rugby/Basketball Football/Fitness Refer to 9-1 criteria to assess every 6 weeks		Rugby/Basketball Football/Fitness Refer to 9-1 criteria to assess every 6 weeks		Football/Fitness BB or Netball Refer to 9-1 criteria to assess every 6 weeks		Football/Fitness BB or Netball Refer to 9-1 criteria to assess every 6 weeks		Softball/rounders/Cricket Athletics Refer to 9-1 criteria to assess every 6 weeks		Softball/Cricket/Rounders Athletics Refer to 9-1 criteria to assess every 6 weeks
	Theory assessment (Head)	Gamesmanship, sportsmanship, deviant behaviour p.169-176 Participation Gender, age, socio-economic, ethnicity, disability pp156-164 PS		Gamesmanship, sportsmanship, deviant behaviour p.169-176 Participation Gender, age, socio-economic, ethnicity, disability pp156-164 PS		Methods of training p83-p88 ED		Methods of training p83-p88 ED		Wellbeing p.114 Lifestyle choices diet, Alcohol and smoking DG		Wellbeing p.114 Lifestyle choices diet, Alcohol and smoking DG
	PRIDE/PSHE Social learning (Heart)	Respect Expectations and conduct <i>Pride certificates and postcards</i>		Respect Expectations and conduct <i>*Sport education framework used in fitness sessions</i> <i>Pride certificates and postcards</i>		Involved- Team working <i>*Sport education framework used in fitness sessions</i> <i>Pride certificates and postcards</i>		Involved- Team working <i>Pride certificates and postcards</i>		Determined- Resilience <i>Pride certificates and postcards</i>		Determined- Resilience <i>Pride certificates and postcards</i>

		Autumn 1 7 weeks	Half-Term Holiday	Autumn 2 7 weeks	Christmas Holiday	Spring 1 6 weeks	Half-Term Holiday	Spring 2 5 weeks	Easter Holiday	Summer 1 7 weeks	Half-Term Holiday	Summer 2 4 weeks
Year 9	Boys practical: Girls practical: (Hands)	Rugby/Basketball Football/Fitness Refer to 9-1 criteria to assess every 6 weeks		Rugby/Basketball Football/Fitness Refer to 9-1 criteria to assess every 6 weeks		Football/Fitness BB or Netball Refer to 9-1 criteria to assess every 6 weeks		Football/Fitness BB or Netball Refer to 9-1 criteria to assess every 6 weeks		Softball/rounders/Cricket Athletics Refer to 9-1 criteria to assess every 6 weeks		Softball/Cricket/Rounders Athletics Refer to 9-1 criteria to assess every 6 weeks
	Theory assessment (Head)	Gamesmanship, sportsmanship, deviant behaviour p.169-176 Participation Gender, age, socio-economic, ethnicity, disability pp156-164 NM		Gamesmanship, sportsmanship, deviant behaviour p.169-176 Participation Gender, age, socio-economic, ethnicity, disability pp156-164 NM		Methods of training p83-p88 Long term effects of exercise p.89-90 Musculo-skeletal (3) Cardio-respiratory (5) MM		Methods of training p83-p88 Long term effects of exercise p.89-90 Musculo-skeletal (3) Cardio-respiratory (5) MM		Wellbeing p.114 Lifestyle choices diet, Alcohol and smoking SH		Wellbeing p.114 Lifestyle choices diet, Alcohol and smoking SH
	PRIDE/PSHE Social learning (Heart)	Respect Expectations and conduct <i>Pride certificates and postcards</i>		Respect Expectations and conduct <i>*Sport education framework used in fitness sessions</i> <i>Pride certificates and postcards</i>		Involved- Team working <i>*Sport education framework used in fitness sessions</i> <i>Pride certificates and postcards</i>		Involved- Team working <i>Pride certificates and postcards</i>		Determined- Resilience <i>Pride certificates and postcards</i>		Determined- Resilience <i>Pride certificates and postcards</i>

Students will have access to PE theory content through applied learning in practical lessons. PE teachers will place revision resources and a guide for upcoming examinations on 'show my homework'.

Currently students are assessed in 2 practical activities and 1 theory exam per each term.